

2010 

*A New Year... A New You!*  
**a mini-retreat day**

Workshops and  
“Girlfriend Boutique”  
Information



**Workshop Session #1**

Growing On Purpose - By Kathy Howard  
Every Child Needs a Praying Mom - By Shay Elliott  
God's Pattern for Marriage - By Deanna Dunn  
Letting Go of the Broken Pieces of Your Past - By Kelly Holly

**Workshop Session #2**

Healthy Living for 2010 - By Leslie Dunn  
Prayer: An Intimate Relationship with God - By Debbie Hamilton  
My Crazy Life - By Tonda Hayworth  
Simply Made - By Kathy Boulton

**Workshop Session #3**

The Write Start - By Beverly Dillow  
Be Wise, Accessorize - By Marleah Reed and Amy Rydell  
Life/Home Management for the Fulltime Mom - By Shelley Merworth  
A Spiritual Clean House - By Cheryl McLaughlin

**Workshop Session #4**

Her Personality, His Purpose - By Lisa Franklin  
Single Parenting - By Pat Fisher  
How to Build Your Home on Holy Ground - By Donna Berry  
Just Call Me “Miss Perfect”...NOT! - By Dee Holly and Jill Swihart

# WORKSHOPS

## Growing on Purpose

By Kathy Howard

Spiritual transformation and growth is something only God can accomplish. However, He demands our obedient cooperation! This workshop will help you develop and commit to a personal and purposeful plan for spiritual growth in 2010.

## God's Pattern for Marriage

By Deanna Dunn

How to change your husband's **A**ttitude, **B**ehavior and **C**ommunication in 5 days (*according to Kevin Leman*)  
Some things you'll like, others you won't. Who wouldn't want a new husband by Friday? Every woman is, a "Martha" Luther—a reformer, and she has plans for her man. These principles do work. They've been tried out in thousands of relationships with very successful results. This is not easy, but it's simple. It all starts with getting to know that two-legged creature you married.

## The Write Start

By Beverly Dillow

Make 2010 the year to accomplish your dream of writing a book or being published in a national magazine. This class will provide you with all the tools needed to become a published author.

## My Crazy Life

By Tonda Hayworth

This workshop is targeting the moms who are somewhere between the MOPS group and the "empty-nesters". The focus will be on how to take care of yourself during these crazy years. This workshop is also meant to encourage and give some "survival tips" to the most valuable gift you can give to your family...YOU! makeup and wardrobe tips to help rev up your style in 2010.

## Life/Home Management for the Fulltime Mom

By Shelley Merworth

Are you wondering how to become or stay fulfilled as a fulltime mommy, wife and home manager? This workshop will give you the encouragement and motivation to be your best at this season of life you are in.

## How to Build Your Home on Holy Ground

By Donna Berry

How to shape the atmosphere of your home...Create an environment that is relaxing and loving... and Provide a safe and peaceful place for loved ones and guests alike.

## Healthy Living for 2010

By Leslie Dunn

Learn how to take time for yourself and make some small and easy lifestyle changes that can help re-shape your body and mind for life. We will discuss how to eat healthy at home or at restaurants and how to get in a little exercise to strengthen your heart!

## Simply Made

By Kathy Boulton

Themed occasions, events and seasons made from the heart. Simply made from ideas and items around your house

## A Spiritual Clean House

By Cheryl McLaughlin

We clean our homes to keep our families safe and comfortable. The Bible teaches that, if you're a child of God, your body is the home of the Holy Spirit. So what can we do to keep the Holy Spirit's home "clean" so that He feels comfortable?

## Every Child Needs a Praying Mom

By Shay Elliott

A praying mom can have a tremendous impact on the lives of her children. This workshop will share principles and practices from Fern Nichol's book, "Every Child Needs a Praying Mom". You'll learn how to pray with others, how to prepare for spiritual battles, how to persist in prayer and how to use Scripture to guide your prayers.

## Letting Go of the Broken Pieces of Your Past

By Kelly Holly

The guilt, pain and shame of our past tells us we are disqualified to move on, to serve God, to be free or to know peace. But to believe this lie is to believe that our sins are outside the scope of God's grace. Nothing could be further from the truth. Although you may have gone through a season of hurt, rejection or pain, God can pick you up and place you back on track. You, too, can experience His perfect healing and hope and allow God to use your life for His purposes!

## Just Call Me "Miss Perfect"...NOT!

By Dee Holly and Jill Swihart

Everything has to be perfect, right? Isn't perfectionism a good thing? Or is it hiding a deeper drive? Move away from fear of failure and idolatry of self and reach out to God's plan for healing and fulfillment and see your true value in Him.

## Single Parenting

By Pat Fisher

It's not about you, it's about the kids...for now. You can't do it all, but you can do what matters most. By focusing on your children, you will one day look at them and wonder at the confident adults they are with a heart for God.

## Her Personality...His Purpose

By Lisa Franklin

Have you ever wondered why God gave you the personality He did? How He uses the four different personalities for His purpose? Or how He can use yours? If so, this workshop is for you.

## Be Wise, Accessorize

By Marleah Reed and Amy Rydell

God has called us to be godly women, but can we be glamorous, too? Marleah and Amy will provide hair,

## Prayer: An Intimate Relationship with God

By Debbie Hamilton

How is your prayer life? Do you feel that your prayers only reach the ceiling? Do you feel defeated in your prayer life? Do you yearn for that close relationship with God but never seem to achieve it? This workshop will give you ten ways to improve your prayer life and help you become a mighty prayer warrior.

# VENDORS

Miche Bags by Kelly

Scentsy Wickless Candles...We Make Perfect Scents

Celebrating Home

Vantel Pearls

Creative Handmade Gifts by Connie Glinsmann

Toad-ally Cute Bows and More

Kate Cotten Designs

Stella and Dot Jewelry

Go Have a Ball!...Homemade Cakes and Appetizer Balls

Avon

Mary Kay

Storque Design Handmade Jewelry

Pampered Chef

Ann's Closet Company...Handmade Kids' Clothing

The Art of Sara Drescher Braswell...Christian Art, Journals and more

Diamondaj's Designs

Tastefully Simple

Close to My Heart Scrapbooking

2 Angels Photography

The Jewelry Junkee

Oh, So Cute Bling Bling Jewelry

Manon L. Sager Handmade Jewelry

Plus many more!